Telford Junior School

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HEAD TEACHER
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Dear Parents/Carers,

Next week, as part of our Design Technology topic, we will be cooking Spanish empanadas. The school will provide the equipment and ingredients needed. If your child has any food allergies, please contact their class teacher should have any questions. Please see list of ingredients below and the list will also be uploaded to The Home Supported Learning Padlet.

Empanadas Ingredients

- Carrots
- Potatoes
- Onions
- Spinach
- Feta (optional)
- Paprika
- Oregano
- Shortcrust Pastry
- Milk Wash (optional)
- Chickpeas
- Sunflower Oil

Thank you, The Year 3 Team











