

Telford Junior School

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SCHOOL NEWSLETTER

7th February 2025

Children's Mental Health Week

Our Year 3 children have enjoyed taking part in different activities this week to boost their mental health.













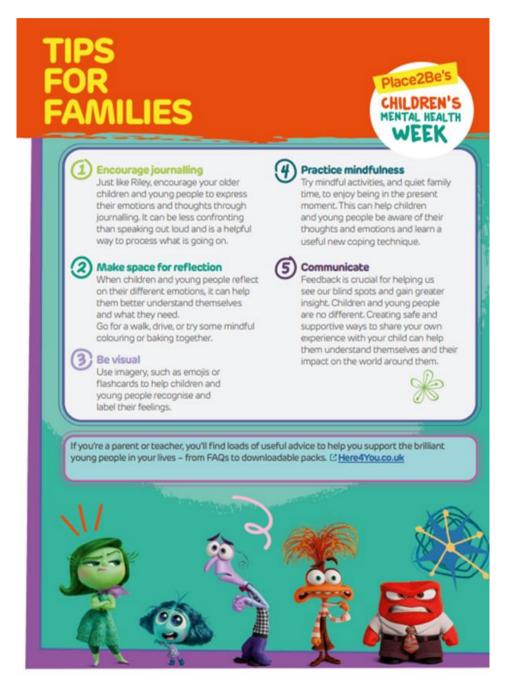
Mental Health Awareness Week 2025

We have been taking part in **Mental Health Awareness Week**, focusing on the *Place2Be's* theme: **"Know Yourself, Grow Yourself."** This theme encourages children to explore the importance of self-awareness, expressing emotions and discovering how getting to know who they are can help them build resilience, grow and develop.



We encourage children to continue these conversations at home, reflecting on what helps them feel positive and grow. Thank you for supporting this important initiative!

Miss Herbert PSHE Lead













Year Group Padlets

Year 3: Year 3 Home School Partnership Padlet

Year 4: Year 4 Home School Partnership Padlet

Year 5: Year 5 Home School Partnership Padlet

Year 6: Y6 Home School Partnership Padlet

Term Dates

Y6 Information Evening (residential visit and SATS preparation)	Thursday 13 February (4.30 pm)
Half-Term Holiday	Monday 17 February – Friday 21 February
Sleep Workshop (for parents/carers)	Tuesday 11 March (10.00am – 12.00pm)
Year 6 Residential Visit	Sunday 16 March – Wednesday 19 March
Y6 Weight & Height Measures (COMPASS – School Nursing Service)	Thursday 27 th March (10.00 am)
Spring Term Learning Reviews	Wednesday 26 March (4.00 – 6.30 pm) Thursday 27 March (4.00 – 6.30 pm)
Year 4 Residential Visit	Wednesday 2 April – Friday 4 April
End of the Spring Term	Friday 11 April (3.20 pm)

Information for Families on the School Website

Please visit the <u>Information for Families</u> page of our school website for information about:

- Half-term holiday activities, including a half-term holiday camp being run by Go Go Makers, our breakfast club and after school care provider.
- Parenting courses, including a course on supporting children who are struggling with sleep, which is being hosted at Telford Junior School (flier below).
- Support available for families with children who have specific needs, including Autism.
- Support available for families struggling with children's mental health.











Sleep Workshop at Telford Junior School

A FREE face to face workshop for parents and carers of Telford Infant/ Junior School and North Leamington School.

Issues with sleep are common for children and can have a huge impact on the quality of family life.

This two-hour interactive workshop for parents and carers looks at the importance of sleep, the science of sleep, possible causes of sleep issues and offers strategies to help.

Tuesday 11th March 2025 10.00am-12.00 at Telford Junior School, Telford Avenue, Leamington Spa, CV32 7HP

To check availability and book your FREE place, please follow the link below https://www.eventbrite.co.uk/d/online/warwickshire-children-and-families/







Any queries please contact ehparenttrainers@warwickshire.gov.uk

As we move towards the last week of this half-term, we look forward to some of our Year 6 pupils taking part in the Sportshall Athletics event at Ryton on Wednesday, some of our Year 3 pupils having enjoyed competing in the gymnastics competition earlier this week.

I think a special mention should go to our Year 6 children, who have shown determination and commitment in completing practice test papers this week and who have also enthusiastically taken up the challenge to write book reviews for the Blue Peter challenge.

With best wishes for the weekend,

Richard Siviter









