

Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SPANISH CHICKEN WITH FLUFFY RICE	BEEF PASTA BOLOGNAISE	ROAST CHICKEN SERVED WITH ROAST POTATOES, GRAVY	PORK SAUSAGES SERVED WITH MASHED POTATOES, GRAVY	FISH FINGERS SERVED WITH CHIPS, KETCHUP
VEGETARIAN	MACARONI CHEESE	VEGETABLE CURRY SERVED WITH FLUFFY RICE	ROASTED VEGAN QUORN FILLET SERVED WITH ROAST POTATOES	QUORN VEGAN SAUSAGE SERVED WITH MASHED POTATOES, GRAVY	TOMATO AND CHEESE PINWHEEL SERVED WITH CHIPS
JACKET POTATO / OR PASTA	JACKET POTATO GRATED CHEESE, BAKED BEANS OR TUNA PASTA IN TOMATO SAUCE	JACKET POTATO GRATED CHEESE, BAKED BEANS, OR TUNA PASTA IN TOMATO SAUCE	JACKET POTATO GRATED CHEESE, BAKED BEANS, OR TUNA PASTA IN TOMATO SAUCE	JACKET POTATO GRATED CHEESE, BAKED BEANS, OR TUNA PASTA IN TOMATO SAUCE	JACKET POTATO GRATED CHEESE, BAKED BEANS, OR TUNA PASTA IN TOMATO SAUCE
SEASONAL VEGETABLE	CARROTS BROCCOLI	SWEETCORN GARDEN PEAS	CAULIFLOWER CARROTS	GREEN BEANS CARROTS	BAKED BEANS GARDEN PEAS
DESSERTS	OATY CINNAMON COOKIE	ICED SPONGE SERVED WITH CUSTARD	VANILLA ICE CREAM WITH FRESH FRUIT	HOMEMADE SHORTBREAD	FRUITY FRIDAY